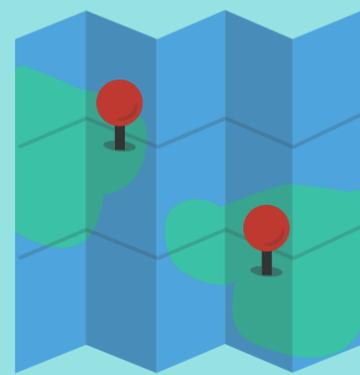


# TRAVEL PACKING TIPS



"When in doubt, leave it out!" Take the pain out of packing for your vacation with this handy infographic guide. Leave your closet at home!

by Amandah Blackwell

## 1 MEDICINE

Before you leave for your vacation, make an appointment with your doctor and ask him or her to review your medicines. Make sure you have enough medication to bring with you on your vacation. FYI: Contact lens wearers, bring a contact lens case, extra contacts, and solution.



## 2 LUGGAGE

Make sure your luggage will hold your clothes, shoes, makeup, toiletries, etc. Tip: Instead of bringing an "extra" piece of luggage for souvenirs, consider shipping them home to a family member or trusted friend.



## 3 MAKEUP

Ladies, you may want to pack every single piece of makeup in your makeup bag. However, pack only the essentials such as mascara, eyeliner, blush, foundation, powder, lipstick/lip gloss, and a travel makeup brush set.



## 4 TOILETRIES

Guys and gals, leave most of your toiletries at home. Why? Because you probably want more space in your luggage for clothes. If you run out of perfume, toothpaste, etc., you can always buy more. Try something new!



## 5 ACCESSORIES

Depending on where you travel and the time of the year, you may want to bring a pair of sunglasses with you. However, you don't need 10 pairs! The same goes for jewelry or hair accessories. Select pieces that will go with different outfits.



## 6 CLOTHING

You may want to wear several different outfits on your cruise vacation, escorted coach tour or independent trip. However, you can easily do this with a few pieces. Bring wrinkle free shirts, skirts, dresses, and more and create outfits.



## 7 HAIR SUPPLIES

Hotels provide hair dryers. But they may not be powerful, so you may want to bring your own. You may also want to pack a curling iron, straightener, etc. However, you may want to bring only one or two hair tools. Pack a comb and brush and select hair care products (shampoo, conditioner, etc.).



## 8 SHOES

Pack a good pair of hiking boots and/or walking shoes. You may also want to bring one pair of dress shoes or boots. But leave most of your footwear at home! This way your luggage won't weigh a ton and you won't strain your back rolling it through the airport and down the hotel hallway.

